

Easy Meals - Well, we DO want to keep having Family Meals!

Mealtime or “the family table” as heard on a popular commercial. Is it an easy time for you, or are you like me struggling to get a meal on the table? Let’s face it, it’s inevitable that we have to feed our families, but how do we do it without losing our minds?

Planning easy meals is the best way to keep your family at the dinner table and coming back for more.

Here are some quick and easy meals that you’re sure to love:

1. **Chili** - Whether you make the good ole traditional kind with kidney beans, ground meat, spices and sauce or you opt for the white chili version, this is an easy meal to have with your family and it’s great for leftovers the next day.
2. **Tacos** – Another fun, one pot meal, all you have to do is brown the ground beef or boil, shred and season up some chicken. Warm up some soft tortillas or hard taco shells add the fixings of lettuce, tomato, cheese, taco sauce and sour cream and you have a great meal.
3. **Homemade pizza** - Making pizzas at home can not only be more affordable than ordering them in, but is also a fun activity to get everyone involved. There are many great pre-done crusts available in grocery stores today, plus you just buy the sauce, the cheese and your favorite toppings and go to town!
4. **Soup** - Depending on what kind you choose, even homemade soup can be easy to make. However, there are many soup starters, mixes and even canned soups on the market that can make a great meal.
5. **Hero Sandwiches** - Building your own hero sandwich can be fun and it’s an easy meal. Buy some great sub rolls, or some other type of bread, such as Rye, or Italian, grab several types of meats and cheese, lettuce, mayo, mustard and anything else you prefer on your sandwich and begin to build.
6. **Spaghetti** – Meat, pasta, and your veggies all in one pot, add some garlic bread or rolls and you have a great meal. Spaghetti is always better left over the next day so make a big enough pot to have leftovers.
7. **Sloppy Joes** - If you’ve never made these homemade you should really try. A pound of ground beef and a chopped green bell pepper cooked and mixed with a can of tomato paste and a can of beef broth and you have a mean sloppy joe mix that puts the canned variety to shame. Buy some crusty Kaiser rolls to spread the mixture on and throw some fries in the oven.